



## Pre-Operative Instructions

We understand that this is a stressful time and we first of all wanted to thank you for choosing **The Center for Gynecologic Oncology** for your surgical care. We have provided this informative letter to help you navigate your preoperative period by answering many common questions you may have. Please read the following preoperative information and contact us if you have any further questions after reviewing.

**Patient Name:** \_\_\_\_\_ **Date of Surgery:** \_\_\_\_\_

### Surgery Location:

**Memorial Hospital Miramar**  
1901 SW 172nd Ave.  
Miramar, FL 33029  
(954) 538-5000

**Memorial Regional Hospital**  
3501 Johnson St.  
Hollywood, FL 33021  
(954) 987-2000

**Memorial Hospital West**  
702 N. Flamingo Rd  
Pembroke Pines, FL 33028  
(954) 436-5000

**Palmetto General Hospital**  
2001 W. 68th St.  
Hialeah, FL 33016  
(305) 823-5000

**Plantation General Hospital**  
401 NW 42nd Ave.  
Plantation, FL 33317  
(954) 587-5010

**Westside Regional Hospital**  
8201 W. Broward Blvd.  
Plantation, FL 33324  
(954) 473-6600

**Surgicare of Miramar**  
14601 SW 29th St.  
Miramar, FL 33027  
(954) 266-3801

If you do not have a surgery date, one of our surgical coordinators will contact you within the next 48 hours. If you have not gotten a call after 48 hours, please call our office at: **(954) 602-9723**.

Our surgical coordinators will advise you of one or more items necessary before the surgery:

- \_\_\_ Medical Clearance (copy of medical clearance orders given to patient)
- \_\_\_ Labs to be done at the hospital (the hospital will contact you a few days prior to surgery)
- \_\_\_ Labs to be done at Quest Diagnostics or Labcorp. (Make an appointment and bring the order provided by our office)

You will receive **Pre-Operative** and **Post-Operative Instruction Packets**. These packets contain information regarding your medications, skin preparation, food preparation, billing information, pain management, activity restrictions, FMLA/disability forms, and other important information.

If you have any questions that are not answered in the packet or by your coordinator, please call your coordinator:

- Merlyn Rodriguez:** (954) 602-9723 x304 [surgery@salomtangir.org](mailto:surgery@salomtangir.org) or [merrodriguez@femwell.com](mailto:merrodriguez@femwell.com)
- Yinesa Suarez:** (954) 602-9723 x325 [surgery1@salomtangir.org](mailto:surgery1@salomtangir.org) or [yinsuarez@femwell.com](mailto:yinsuarez@femwell.com)

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**Initials**

**Phone: 954-602-9723**



**Fax: 954-602-9724**



**[surgery@salomtangir.org](mailto:surgery@salomtangir.org)  
[surgery1@salomtangir.org](mailto:surgery1@salomtangir.org)**

## Instructions For Surgery

### Scheduled Surgery Time:

The hospital will contact you with your **scheduled surgery time** and the **scheduled arrival time** in the afternoon prior to the surgery day. Please adhere to your scheduled arrival time to avoid any cancellations. If you do not receive a call from the hospital by the late afternoon the day of surgery, please contact the hospital directly as they are the **ONLY** ones who can give you a time.

### Preoperative Labs and Medical Clearance:

- Please ensure all lab results and medical clearance notes are faxed to the office minimum **1 week prior** to your scheduled surgery. **Fax: (954) 602-9724**

### Preoperative Bathing Instruction for abdominal surgery:

The night prior to your surgery, shower and wash the body with **Hibiclens** (can be purchased at your local pharmacy over the counter). Repeat a shower with **Hibiclens** the morning of surgery:

- Soak a washcloth in **Hibiclens** and wash your body from the neck down paying close attention to the abdomen, belly button, and external genitalia
- Do not use **Hibiclens** on the head, face or internal genitalia
- Rinse thoroughly
- Do not shave the abdomen or genitalia prior to surgery as this can increase the risk of infection
- Following the shower, do not use deodorants or powders

### Preoperative Eating Instructions:

- You may eat solid food up until midnight the day before surgery (except in special circumstances. You would be informed ahead of time.)
- To help your recovery you should stay hydrated prior to surgery by drinking the following:
  - 16 oz of Gatorade (**NOT** BLUE, RED, or PURPLE) the night before surgery
  - Drink a final 16 oz of Gatorade (**NOT** BLUE, RED, or PURPLE) 3 hours before the scheduled time of your surgery

### Instructions Regarding Medications: (If your medications are not on this list, or you have further questions, please contact your primary care physician for further instructions)

- Herbal supplements or multivitamins
  - Discontinue 7 days prior to surgery
  - Restart as per primary care physician recommendations
- Beta blockers (i.e., propranolol, atenolol, or metoprolol)
  - continue taking as prescribed including the day of surgery
- Calcium channel blockers (i.e. amlodipine)
  - continue taking as prescribed including the day of surgery

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Initials



- ACE/ARB inhibitor (i.e., lisinopril or losartan)
  - do not take the morning of surgery
  - restart medication the day after surgery
- Diuretic medication (i.e., hydrochlorothiazide or furosemide)
  - Do not take the morning of surgery
  - Restart medication the day after surgery
- Antiplatelet medication (i.e., Aspirin and clopidogrel/Plavix)
  - Discontinue 7 days prior to surgery
  - Restart medication the day after surgery
- Warfarin
  - Discontinue 7 days prior to surgery
  - Restart the day after surgery
- Anticoagulant medication (i.e., dabigatran, rivaroxaban, apixaban)
  - Discontinue 3 days prior to surgery
  - Restart medication the day after surgery
- Thyroid medication (i.e., levothyroxine)
  - Do not take the morning of surgery
  - Restart medication the day after surgery
- Inhaled pulmonary medications (i.e., albuterol, ipratropium)
  - Continue taking as prescribed including the day of surgery
- Oral diabetic medication (i.e., glipizide, metformin)
  - Do not take the morning of surgery
  - Restart medication the day after surgery
- Statins (i.e., atorvastatin)
  - Do not take the morning of surgery
  - Restart medication the day after surgery
- Hormone replacement containing **estrogen and birth control**
  - Discontinue 7 days prior to surgery includes: all **oral contraceptive medication or birth control**, premarin, prempo, estrace, estratest, estrogen, estradiol in oral, or transdermal (lotion, or creams) formulations

**Billing, insurance, copayment, and deductibles:**

- All copayments, deductibles, and/or coinsurance related to surgeons fees must be paid prior to surgery at the contracted rate of your insurance company.
- The surgical team consists of other staff and providers i.e., **surgical assistant, hospital staff, anesthesiology and pathology**. Payment for these services are separate from our office. They will be collected at the hospital and/or you will be billed.
- For any questions involving our primary surgeon fees, you may contact us at (954) 602-9723 or [surgery@salomtangir.org](mailto:surgery@salomtangir.org)

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Initials





- For any questions involving hospital fees, or other provider fees, please contact them directly. (Phone numbers are listed in the first page of this packet)

**FMLA or Disability Forms**

- Please fax or email any FMLA or Disability forms to fax: **(954) 602-9724** or email: [surgery@salomtangir.org](mailto:surgery@salomtangir.org) (**Merlyn Rodriguez**) or [surgery1@salomtangir.org](mailto:surgery1@salomtangir.org) (**Yinesa Suarez**)
- There is a \$25 fee to complete all FMLA or Disability forms
- Please allow 7-10 days for completion of forms

\_\_\_\_\_  
**Patient Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Witness**

\_\_\_\_\_  
**Date**

**Phone: 954-602-9723**



**Fax: 954-602-9724**



**[surgery@salomtangir.org](mailto:surgery@salomtangir.org)  
[surgery1@salomtangir.org](mailto:surgery1@salomtangir.org)**